

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

November 2024

Trident Regional Ombudsman
5895 Core Road
Suite 419
North Charleston, SC 29406

*Activities are subject to change due to resident needs/preferences.



Location Key
(T) Terrace 2nd floor
(B) Bistro 2nd floor
(TR) Theater Room 2nd floor
(OD) Overflow Dining
(4) 4th Floor Dining
(5) 5th Floor Dining
(PD) Private Dining

Outings may be weather permitting. We will meet in the lobby at time indicated. Sign-up sheets are in the theater room. Please see Ashley or Leah with questions.

10:10 & 10:45 Exercise TR
11:30 Trivia (TR)
1:30 Trip to Target
1:30 Movie (TR)
2:30 1:1 Visits

10:10 & 10:45 Exercise
10:00 Fall Leaf Art With Mikayla (4)
2:00 Fall Leaf Craft With Mikayla (TR)

1

2

3



2:00 Community Worship (TR)

10:10 & 10:45 Exercise TR
11:30 Snack Cart (5)
1:00 Library to Bring Books (TR)
2:00 Live Music with the Ritchies' (TR)

4

Election Day 5

9:30 Daily Chronicles (2,5)
10:10 & 10:45 Exercise (TR)
11:30 Ax Throwing (TR)
1:30 Operation Christmas Child Shoeboxes (TR)
3:30 Flower Arranging (OD)

6

9:30 Daily Chronicles (3,5)
10:10 & 10:45 Exercise (TR)
11:30 Bowling (TR)
1:30 Baked Apple Fritters (TR)
3:00 Happy Hour with Ian (TR)

7

9:30 Daily Chronicles (2,5)
10:10 & 10:45 Exercise (TR)
11:30 Puzzles (B)
1:45 Sing Along (3)
2:45 Art Therapy (5)

8

10:10 & 10:45 Exercise TR
11:30 Trivia (TR)
1:30 Trip to the May Forest
1:30 Movie (TR)
3:30 Pinning Ceremony to honor our Veterans TR

9

10:10 & 10:45 Exercise
11:00 MC Outing
1:30 Bingo (TR)
3:00 Card Games (B)

10

Veterans Day 11

2:00 Community Worship (TR)

10:10 & 10:45 Exercise TR
11:30 Snack Cart (5)
2:00 Honoring Veterans (TR)
3:00 Virtual Tour of Washington DC (TR)



12

9:30 Daily Chronicles (2,5)
10:10 & 10:45 Exercise (TR)
11:30 Jenga (B)
1:30 Turkey Shoot (TR)
3:30 Flower Arranging (OD)

13

9:30 Daily Chronicles (3,5)
10:10 & 10:45 Exercise (TR)
11:30 Trivia (TR)
1:30 Card Games (B)
3:00 Monthly Birthday Party (T)

14

9:30 Daily Chronicles (2,5)
10:10 & 10:45 Exercise TR
11:30 Puzzles (B)
1:45 Sing Along with Jessica (TR)
2:45 Art Therapy (5)

15

9:30 Daily Chronicles (3,5)
10:10 & 10:45 Exercise TR
11:30 Lunch Trip to Fleet Landing
1:30 Movie (TR)
2:30 1:1 Visits

16

10:10 & 10:45 Exercise
11:30 Slushies (4)
1:30 Bingo (TR)
3:00 Trip to Publix

17

2:00 Community Worship (TR)

10:10 & 10:45 Exercise TR
11:30 Snack Cart (5)
2:00 Resident Council: Rehab only
3:30 1:1 Visits



18

9:30 Daily Chronicles (2,5)
10:10 & 10:45 Exercise (TR)
11:30 Ladder Ball (TR)
1:30 Name That Instrument (TR)
3:30 Flower Arranging (OD)

19

9:30 Daily Chronicles (3,5)
10:10 & 10:45 Exercise (TR)
11:30 Dice Game (TR)
2:00 Bible Study (TR)
3:00 Happy Hour with Sylvie (T)

20

9:30 Daily Chronicles (2,5)
10:10 & 10:45 Exercise TR
11:30 Puzzles (B)
1:45 Sing Along (3)
2:45 Art Therapy (5)

22

9:30 Daily Chronicles (3,5)
10:10 & 10:45 Exercise TR
11:30 Trivia (TR)
1:30 Trip to the Angel Oak Tree
1:30 Movie (TR)

23

10:10 & 10:45 Exercise
11:30 Popcorn (4)
1:30 Bingo (TR)
3:30 Live Music with Chuck Gee (TR)

24

2:00 Community Worship (TR)

10:10 & 10:45 Exercise TR
11:30 Snack Cart (5)
1:30 1:1 Visits
3:00 Holiday Book Reading with Cindy Andrews (TR)



25

9:30 Daily Chronicles (2,5)
10:10 & 10:45 Exercise (TR)
11:30 Joint Health with Dr. Neal Huang (TR)
2:30 Resident Council: Assisted Living only (TR)
3:30 Flower Arranging (OD)

26

9:30 Daily Chronicles (3,5)
10:10 & 10:45 Exercise (TR)
11:30 Dice Game (TR)
1:30 Rummikub (B)
3:00 Friendsgiving Party (TR)

27

Macy's Thanksgiving Day Parade 9am-12pm and re-airs 2:00-5:30 NBC



29

10:10 & 10:45 Exercise TR
1:30 Movie (TR)

30

10:10 & 10:45 Exercise
11:00 MC Outing
1:30 Bingo (TR)
3:00 Board Games (B)

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