

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

May 2024

Trident Regional Ombudsman
5895 Core Road
Suite 419
North Charleston, SC 29406

*Activities are
subject to change
due to resident
needs/preferences.

Location Key

- (T) Terrace 2nd floor
- (B) Bistro 2nd floor
- (TR) Theater Room 2nd floor
- (OD) Overflow Dining
- (4) 4th Floor Dining (memory)
- (5) 5th Floor Dining (rehab)
- (PD) Private Dining

9:30 Daily Chronicles (3,5) **1**
 10:10 &10:45 Exercise (TR)
 1:30 Hat Decorating (TR)
3:00 Cinco de Mayo
Happy Hour (T)

9:30 Daily Chronicles (2,5) **2**
 10:10 &10:45 Exercise
 11:30 Puzzles (B)
 1:30 Noodle Ball (TR)
 1:45 Sing Along (T)
 2:15 Music Therapy (5)
 3:00 Art Therapy (5)

9:30 Daily Chronicles (3,5) **3**
 10:10 &10:45 Exercise TR
 11:30 Basketball (TR)
1:30 Trip to Target

10:10 and 10:45
 Exercise (TR)
 11:00 Manicure 4
 1:30 Horse Race
 Board Game (TR)
2:30 Kentucky
Derby (TR)

5



2:00 Community
Worship (TR)

10:10 &10:45 Exercise (TR)
 11:30 Snack Cart (5)
 1:00 Library to bring
 books (TR)
1:30 Movie Matinee (TR)
 2:30 1:1 Room Visits

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9:30 Daily Chronicles (2,5) **7**
 10:10 &10:45 Exercise (TR)
 1:00Annette: Mary Kay (TR)
2:00 Mother's Day
Tea Party (TR)
 3:30 Flower Arranging OD
 3:30 Rummikub (B)

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9:30 Daily Chronicles (3,5)
 10:10 &10:45 Exercise (TR)
 11:30 Ladder Ball (TR)
 2:00 Card Games (B)
3:00 Monthly
Birthday Party (T)

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9:30 Daily Chronicles (2,5)
 10:10&10:45 Exercise (TR)
 11:30 Puzzles (B)
 1:30 Bingo (5)
 1:45 Sing Along (T)
 3:00 Art Therapy (5)
 3:30 Uno (B)

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9:30 Daily Chronicles (3,5)
 10:10 &10:45 Exercise TR
 11:30 Mini Golf (TR)
1:00 Charleston
Harbor Boat Tour
 1:30 Movie Matinee (TR)
 3:30 1:1 Room Visits

11

9:30 Daily Chronicle
 10:10 and 10:45
 Exercise (TR)
 11:00 Bowling 4
 1:30 Bingo (TR)
 3:00 Popsicles
 4th floor
 Terrace

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2:00 Community
Worship (TR)

10:10 &10:45 Exercise (TR)
 11:30 Snack Cart (5)
 2:00 Duck Shoot Out
 With Nerf Guns (TR)
 3:00 Virtual Tour of
 Poland (TR)

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9:30 Daily Chronicles (2,5)
 10:10 &10:45 Exercise (TR)
 11:30 Jenga (B)
 1:30 Bingo (5)
 3:30 Flower Arranging OD
 3:30 1:1 Room Visits

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9:30 Daily Chronicles (3,5)
 10:10 &10:45 Exercise (TR)
 11:30 Trivia (TR)
 2:00 Board Games (B)
3:00 Luau Happy
Hour with Nick on the
Steel Drums (T)

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9:30 Daily Chronicles (2,5)
 10:10 &10:45 Exercise (TR)
 11:30 Puzzles (B)
 1:30 Charades (TR)
 1:45 Sing Along (T)
 2:15 Music Therapy (5)
 3:00 Art Therapy (5)

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9:30 Daily Chronicles (3,5)
 10:10 &10:45 Exercise TR
 11:30 Dart Game (TR)
1:30 Trip to
Hampton Park
 3:30 Bingo (TR)

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9:30 Daily Chronicle
 10:10 and 10:45
 Exercise (TR)
 11:30 Bucket
 Ball (4)
 1:30 Movie TR
 2:30 1:1 Visits

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2:00 Community
Worship (TR)



10:10 &10:45 Exercise (TR)
 11:30 Snack Cart (5)
 1:00 Matching Game (B)
 2:00 Ladder Ball (T)
 3:00 Bingo (TR)

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9:30 Daily Chronicles (2,5) **21**
 10:10 &10:45 Exercise (TR)
 11:30 Chair Yoga (TR)
 2:00 Bingo (5)
 2:30 Resident Council:
 Assisted Living only (TR)
 3:30 Flower Arranging OD
 3:30 1:1 Room Visits

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9:30 Daily Chronicles (3,5)
 10:10 &10:45 Exercise (TR)
 11:30 Ted Talk (TR)
 2:00 No Bake Energy Bites
 (TR)
3:00 Happy Hour with
Sylvie (T)

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9:30 Daily Chronicles (2,5)
 10:10 &10:45 Exercise (TR)
 11:00 Jewish Connect (PD)
 11:30 Puzzles (B)
 1:15 Watermelon (T)
 1:45 Sing Along (T)
 3:00 Art Therapy (5)

24

9:30 Daily Chronicles (3,5)
 10:10 &10:45 Exercise TR
11:30 Trip to have
lunch at the Long
Island Café
 1:30 Movie Matinee (TR)
 3:30 Bingo (TR)

25

9:30 Daily Chronicle
 10:10 and 10:45
 Exercise TR
 11:30 Drinks
 (4th floor Terrace)
2:00 Jazz Music
With Jenna TR
 3:00 1:1 Visits

26 Memorial Day 27

2:00 Community
Worship (TR)



10:10 &10:45 Exercise (TR)
 11:30 Snack Cart (5)
 1:00 Puzzles (B)
 2:00 History of
 Memorial Day (TR)
 2:30 Ice Cream Social (T)

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9:30 Daily Chronicles (2,5)
 10:10 &10:45 Exercise (TR)
 1:30 Puzzles (5)
 2:30 Resident Council:
 Rehab only (5)
 2:30 Bingo (TR)
 3:30 Flower Arranging OD

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9:30 Daily Chronicles (3,5)
 10:10 &10:45 Exercise (TR)
 11:30 Ted Talk (TR)
 2:00 Bible Study w/ Lisa TR
3:00 Logan and
Madeline live music
Happy Hour (T)

30

9:30 Daily Chronicles (3,5)
 10:10 &10:45 Exercise (TR)
 11:30 Puzzles (B)
 1:30 Take a Walk (B)
 1:45 Sing Along (T)
 3:00 Art Therapy (5)

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9:30 Daily Chronicles (3,5)
 10:10 &10:45 Exercise TR
 11:30 Dart Game (TR)
1:30 Trip I'on Lake
2:30 Annex Dance
Performance
(Dining Room)

*Outings may
 be weather
 permitting.
 We will meet in
 the lobby at time
 indicated. Sign
 -up sheets are in
 the theater room.
 Please see Ashley
 or Leah with
 questions.

Life Enrichment Director-Leah Hall lehall@libertyseniorliving.com

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